

West Coast Frequently Asked Questions

Q:	Where does the money raised go?
A:	<p>Funds raised are donated directly to the most promising SCAD research. Currently we are directing most research money to Mayo Clinic's SCAD research project in Rochester, MN, under the leadership of Dr. Sharonne Hayes.</p> <p>A small portion of money raised is used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc. is an all-volunteer organization with no paid employees. SCAD Research, Inc. is overseen by a volunteer Board of Directors.</p> <p>Since SCAD Research Inc. started in 2011, we have donated \$1.3 million to research!</p>
Q:	Is there a registration fee?
A:	<p>There are various registration fees depending on the participant's age. All participants who register by a given date receive a 5K t-shirt as part of their registration fees.</p> <p>There is no registration fee if you participate virtually. Virtual participants do not receive a t-shirt. A SCADaddle t-shirt can be purchased through our SCAD Store starting in April.</p>
Q	Can I raise additional funds?
A:	<p>Absolutely, every dollar raised brings us closer to discovering the causes and treatments for life altering SCAD events.</p> <p>A personal fundraising page is automatically set up when you register, including those who register to participate virtually. All registered participants including virtual participants also have an option to form a team. We encourage you to customize your personal fundraising and team pages. You can send your link to family/friends/co-workers and post your link on your Facebook page and other social media. You'll be surprised by people's generosity when you simply ask – no arm twisting needed!</p> <p>You may want to name and dedicate your personal fundraising page or team page to someone who has experienced a SCAD event.</p>
Q:	If people "sponsor" me, are their names listed? Is their support tax deductible?
A:	<p>Those who want to "sponsor" you by donating to your fundraising or team page have the choice to list their name or remain anonymous.</p> <p>Contributions through your fundraising or team page go to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. Donors should consult their tax advisor to determine how the rules apply to their particular case.</p> <p>***SCAD Research, Inc. is not responsible for giving tax advice.</p>
Q:	What if I cannot make it to the 5K and I want to contribute?

A:	If you are unable to join us in person at our West Coast 5K, you can register to participate virtually , donate to someone's fundraising page or team page . You can also donate directly to the West Coast run/walk.
Q.	How far are we running/walking? What if I can't run/walk that far?
A.	The course is a 5K, which is 3.1 miles. Of course, no one is obligated to run or walk the whole course. You may turn around at any time and return to the starting point. We do not want anyone to do anything they do not feel comfortable doing. We are just glad that you can join us!
Q.	Is the 5K timed?
A.	Our chip timed run/walk will take place at beautiful Crown Point Park in San Diego, CA at Crown Point Park on Mission Bay. Enjoy the course along the bay on the bayside walkway.
Q.	Are there awards/recognitions for in-person participants?
A.	Awards will be given to overall winner male and female. Medals/recognition will be given to 2nd and 3rd place males/females overall and to the top three males/females for age groups: 11 and under, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 and up. An award ceremony will take place immediately following the 5K.
Q.	Are strollers and wagons allowed on the 5K trail?
A.	Yes. We welcome bringing your kids along in strollers and wagons.
Q.	What if there is inclement weather?
A.	We will have the 5K regardless of the weather. There are no refunds due to weather.
Q:	Who should I contact if I have more questions?
A:	Contact the planning committee at 5kwestcoast@scadresearch.org , ellenmichellerobin@hotmail.com or through our website scadresearch.org .