

# 2022 North Carolina 5K SCADADDLE FOR RESEARCH

## Frequently Asked Questions

<b>Q:</b>	<b>Where does the money raised go?</b>
<b>A:</b>	<p>Currently we are directing most of the funds raised to Mayo Clinic's SCAD Research Program, Rochester, MN under the leadership of Dr. Sharonne Hayes.</p> <p>A small portion is used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc. is an all-volunteer organization with no paid employees. SCAD Research, Inc. is overseen by a volunteer board of directors.</p> <p>Since SCAD Research, Inc. started in 2011, we have donated a total of almost \$1.2 million to research! The more money we raise, the more we can donate to research.</p>
<b>Q:</b>	<b>Is there a registration fee?</b>
<b>A:</b>	<p>There are various registration fees to participate in person depending on the participant's age. A 5K t-shirt is given to everyone who registers to participate by August 25, 2022.</p> <p>There is no registration fee if you participate virtually. Virtual participants do not receive a t-shirt. A 5K SCADaddle t-shirt can be purchased through our <a href="#">SCAD Store</a>.</p>
<b>Q:</b>	<b>Can I raise additional funds?</b>
<b>A:</b>	<p>Absolutely! We encourage you to fundraise as every dollar raised brings us closer to discovering the causes and treatments for life altering SCAD events.</p> <p>All registered participants (including virtual participants) have an option to form a team. A personal fundraising page is automatically set up when you register. We encourage you to customize your team and <a href="#">personalize your fundraising page</a>. You can send your link to family/friends/co-workers and post your link on your Facebook page and other social media. You'll be surprised by people's generosity when you simply ask – no arm twisting needed!</p> <p>You may want to name and dedicate your team or personal fundraising page to someone who has experienced a SCAD.</p>
<b>Q:</b>	<b>If people "sponsor" me, are their names listed? Is their support tax deductible?</b>
<b>A:</b>	<p>Those who want to support you and SCAD Research, Inc. by donating to your fundraising page or team page have the choice to list their name or remain anonymous.</p> <p>Contributions through your pledge/fundraising page or team page go to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. Contributors should consult their tax advisor to determine how the rules apply to their particular case.</p>

<b>Q:</b>	<b>What if I cannot make it to the 5K and I want to contribute?</b>
<b>A:</b>	If you are unable to join us in person at the North Carolina 5K, you can <a href="#">register to participate virtually</a> and/or donate to someone's <a href="#">fundraising page</a> or <a href="#">team page</a> . You can also <a href="#">donate directly</a> to SCAD Research, Inc.
<b>Q.</b>	<b>How far are we running/walking? What if I can't run/walk that far?</b>
<b>A.</b>	We are running/walking a 5K, which is 3.1 miles. Of course, no one is obligated to run or walk the whole course. You may turn around at any time, return to the starting point and join in the festivities. We do not want anyone to do anything they do not feel comfortable doing. We are just glad that you can join us!
<b>Q.</b>	<b>Are strollers and wagons allowed on the 5K trail?</b>
<b>A.</b>	While strollers and wagons are allowed on the trail, the trail is not smooth since the trail is through a working farm. Those with strollers/wagons will be asked to line up towards the end of the starting line. Please yield to runners/walkers on the course.
<b>Q.</b>	<b>How is the 5K timed?</b>
<b>A.</b>	We have contracted with a timing company and every registered participant will receive a bib and chip. Times will be recorded and posted.
<b>Q.</b>	<b>Are there awards/recognitions for participants?</b>
<b>A.</b>	All runners & walkers will be timed. Awards will be given to overall winner male and female. Medals will be given to 2nd and 3rd place male/female overall and to the top three males/females for age groups: 11 and under; 12-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
<b>Q.</b>	<b>What if it rains?</b>
<b>A.</b>	We will have the 5K rain or shine. So, grab your umbrella and raincoat and join us. Unfortunately, we are not able to issue refunds.
<b>Q:</b>	<b>Who should I contact if I have more questions?</b>
<b>A:</b>	Contact the planning committee at <a href="mailto:5knorthcarolina@scadresearch.org">5knorthcarolina@scadresearch.org</a> or SCAD Research, Inc. at <a href="mailto:scadinfo@scadresearch.org">scadinfo@scadresearch.org</a>