2022 MICHIGAN 5K SCADADDLE FOR RESEARCH

Frequently Asked Questions

Q:	**Where does the money raised go?**
A:	Currently we are directing most research money to Mayo Clinic's SCAD research project in Rochester, MN, under the leadership of Dr. Sharonne Hayes. A small portion of money raised is used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc. is an all-volunteer organization with no paid employees and overseen by a volunteer Board of Directors. Since SCAD Research Inc. started in 2011, we have donated almost $1.2 million to research!
Q:	**Is there a registration fee?**
A:	There are various registration fees depending on the participant's age. All participants who register by a given date receive a 5K t-shirt as part of their registration fees. There is no registration fee if you participate virtually. Virtual participants do not receive a t-shirt. A 5K SCADaddle t-shirt can be purchased through our SCAD Store staring in mid-March.
Q	**Can I raise additional funds?**
A:	Absolutely, every dollar raised brings us closer to discovering the causes and treatments for life altering SCAD events. All registered participants (including virtual participants) have an option to form a team. A personal fundraising page is automatically set up when you register. We encourage you to customize your team and your personal fundraising page. You can send your link to family/friends/co-workers and post your link on your Facebook page and other social media. You'll be surprised by people's generosity when you simply ask – no arm twisting needed! You may want to name and dedicate your team or personal fundraising page to someone who has experienced a SCAD event.
Q:	**If people "sponsor" me, are their names listed? Is their support tax deductible?**
A:	Those who want to support you by donating to your personal or team pledge page have the choice to list their name or remain anonymous. Contributions through your pledge page go to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. They should consult their tax advisor to determine how the rules apply to their particular case.

Q:	**What if I cannot make it to the 5K and I want to contribute?**
A:	If you are unable to join us in person at our Michigan 5K, you can register to participate virtually, donate to someone's fundraising page or team page. You can also donate directly to SCAD Research, Inc
Q.	**How far are we running/walking? What if I can't run/walk that far?**
A.	The course is a 5K, which is 3.1 miles. Of course, no one is obligated to run or walk the whole course. You may turn around at any time and return to the starting point. We do not want anyone to do anything they do not feel comfortable doing. We are just glad that you can join us!
Q.	**Are strollers and wagons allowed on the 5K trail?**
A.	While strollers and wagons are allowed on the trail, please use your own discretion. Those with strollers/wagons will be asked to line up towards the end of the starting line. Please yield to runners/walkers on the course.
Q.	**Is the 5K timed?**
A.	Because this is a fun run, it will not be an officially timed event. We will have a clock for you to calculate your unofficial time.
Q.	**Are there awards/recognitions for participants?**
A.	Yes, all registered participants will receive a medal to recognize their participation. Register by August 21 to guarantee this year's 5K shirt.
Q.	**What if it rains?**
A.	We will have the 5K rain or shine. So, grab your umbrella and raincoat and join us. Unfortunately, we are not able to issue refunds.
Q:	**Who should I contact if I have more questions?**
A:	Contact the planning committee at 5kmichigan@scadresearch.org or through SCAD Research, Inc. website.