

# West Coast Frequently Asked Questions

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<b>Q:</b>	<b>Where does the money raised go?</b>
<b>A:</b>	<p>Funds raised are donated directly to the most promising SCAD research. Currently we are directing research money to Mayo Clinic's SCAD research project in Rochester, MN, under the leadership of Dr. Sharonne Hayes.</p> <p>A small portion is used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc. is an all-volunteer organization with no paid employees. SCAD Research, Inc. is overseen by a volunteer board of directors.</p> <p>In 2017 due to the success of multiple 5Ks and other donations, we donated \$200,000 to Mayo Clinic's SCAD Research Program. Since our inception in 2011, we have donated \$635,000! In 2016 (the most recent year with financial data available) 97% of our revenue supported research.</p> <p>The more money we raise, the more we can donate for research.</p>
<b>Q:</b>	<b>Is there a registration fee?</b>
<b>A:</b>	There are various registration fees depending on the participant's age.
<b>Q:</b>	<b>Can I raise additional funds?</b>
<b>A:</b>	<p>Absolutely, every dollar raised brings us closer to discovering the causes and treatments for life altering SCAD events.</p> <p>All registered participants have an option to form a team and/or a personal fundraising page when they register. You can send your link to family/friends/co-workers and post your link on your Facebook page. Encourage friends/family to sponsor you by donating money. You'd be surprised by people's generosity when you simply ask – no arm twisting needed!</p> <p>You may want to name and dedicate your team or personal fundraising page to someone who has experienced a SCAD event.</p> <p>Every dollar raised brings us closer to discovering the causes and prevention of life-altering SCAD events.</p>
<b>Q:</b>	<b>If people "sponsor" me, are their names listed? Is their support tax deductible?</b>
<b>A:</b>	<p>Those who want to sponsor you by donating to your fundraising page have the choice to list their name or remain anonymous.</p> <p>Contributions through your fundraising page go to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. They should consult their tax advisor to determine how the rules apply to their particular case.</p> <p>***SCAD Research, Inc. is not responsible for giving tax advice.</p>
<b>Q:</b>	<b>What if I cannot make it to the 5K and I want to contribute?</b>
<b>A:</b>	<p>Even if you cannot attend on September 8, you can <a href="#">register as a virtual participant</a> and create a fundraising page.</p> <p>You can also <a href="#">donate directly</a> through our website.</p>
<b>Q:</b>	<b>How far are we running/walking? What if I can't run/walk that far?</b>
<b>A:</b>	<p>The course is a 5K, which is 3.1 miles. Of course, no one is obligated to run or walk the whole course. You may turn around at any time and return to the starting point. We do not want anyone to do</p>

	<p>anything they do not feel comfortable doing. We are just glad that you can join us!</p> <p>This is a one way course, where you start at one location and end at a different location. If , you do not want to walk/run the entire 5K, you will need to plan for transportation accordingly.</p> <p><b>Note:</b> For those who complete the 5K, shuttles will be available to take you back to your vehicle.</p>
<b>Q.</b>	<b>Are strollers and wagons allowed on the 5K trail?</b>
<b>A.</b>	Yes. We welcome bringing your kids along.
<b>Q.</b>	<b>What if there is inclement weather?</b>
<b>A.</b>	We will have the 5K regardless of the weather. There are no refunds due to weather.
<b>Q:</b>	<b>Who should I contact if I have more questions?</b>
<b>A:</b>	Contact the planning committee at <a href="mailto:5kwestcoast@scadresearch.org">5kwestcoast@scadresearch.org</a> , <a href="mailto:ellenmichellerobin@hotmail.com">ellenmichellerobin@hotmail.com</a> or through our website <a href="http://scadresearch.org">scadresearch.org</a> .