

2019 Minnesota Frequently Asked Questions

Q:	Where does the money raised go?
A:	<p>Funds raised are donated directly to the most promising SCAD research. Currently we are directing most research money to Mayo Clinic's SCAD research project in Rochester, MN, under the leadership of Dr. Sharonne Hayes.</p> <p>In 2019, in addition to the annual gift to the Mayo Clinic SCAD Research Program, SCAD Research, Inc. is offering one or more grants up to \$25,000 total to other SCAD research programs that complete an application, meet specified criteria and selected by SCAD Research, Inc's Board of Directors.</p> <p>A small portion of money raised is used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc. is an all-volunteer organization with no paid employees. SCAD Research, Inc. is overseen by a volunteer Board of Directors.</p> <p>In 2018 due to the success of multiple 5Ks and other donations, we donated \$165,000 to Mayo Clinic's SCAD Research Program. Since our inception in 2011, we have donated \$800,000! In 2017 (the most recent year with financial data available) over 98% of our revenue supported research. In 2019 SCAD Research Inc., received the GuideStar Platinum Seal of Transparency.</p> <p>Our goal this year is to raise and donate \$200,000 to research in order to reach a total of \$1 million! Funds raised are donated directly to the most promising SCAD research.</p>
Q:	Is there a registration fee?
A:	There are various registration fees depending on the participant's age.
Q	Can I raise additional funds?
A:	<p>Absolutely, every dollar raised brings us closer to discovering the causes and treatments for life altering SCAD events.</p> <p>All registered participants are encouraged to set a fundraising goal. Consider forming your own team and/or a personal fundraising page. Encourage friends/family to sponsor you by donating money. You can send your link to family/friends/co-workers and post your link on your Facebook page.</p> <p>You may want to name and dedicate your team or personal fundraising page to someone who has experienced a SCAD event.</p>
Q:	If people "sponsor" me, are their names listed? Is their support tax deductible?
A:	<p>Those who want to sponsor you by donating to your fundraising page have the choice to list their name or remain anonymous.</p> <p>Contributions through your fundraising page go to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. They should consult their tax advisor to determine how the rules apply to their particular case.</p>
Q:	What if I cannot make it to the 5K and I want to contribute?

A:	<p>If you are unable to join us in person at our Minnesota 5K, you can sponsor a participant, attend one of our other 5Ks, or donate directly to SCAD Research, Inc . Donations can be made in honor or in memory of someone through our website.</p> <p>You can also sign up as a virtual participant, create a fundraising page or team and raise money for research.</p>
Q.	How far are we running/walking? What if I can't run/walk that far?
A.	We are running/walking a 5K, which is 3.1 miles. Of course you may turn around at any time and return to the starting point. We are just glad that you can join us!
Q.	Are strollers and wagons allowed on the 5K trail?
A.	While strollers and wagons are allowed on the trail, please use your own discretion. Those with strollers/wagons will be asked to line up towards the end of the starting line. Please yield to runners/walkers on the course.
Q.	How is the 5K timed?
A.	Because this is a fun run, we will not time the event.
Q.	What if it rains?
A.	We will have the 5K rain or shine. So, grab your umbrella and raincoats and join us. There are no refunds.
Q:	Who should I contact if I have more questions?
A:	Contact the planning committee at 5Kminnesota@scadresearch.org or through our website scadresearch.org ,